Dyslexia Checklist

Dyslexia is a learning difference mainly affecting reading and writing skills. However, it also affects other skills such as information processing, remembering information and organisational skills which can all impact on learning ability. If you think you or your child may have dyslexia this checklist may help you decide if further investigation might be useful. A dyslexic learner, despite certain areas of difficulty, can be able and knowledgeable. Abilities and areas of difficulty will be different for each person as dyslexia and specific learning difficulties are complex. There are some signs and indicators in these checklists which are useful to help identify whether a child or adult may have dyslexia. However, be aware that many children (and adults) will display these behaviours. Dyslexia can only be diagnosed through a full Diagnostic Assessment.

The most obvious first sign is if a child appears to be struggling with literacy tasks such as spelling, reading and writing.

Signs to look out for:

* Slow progress in reading, writing and spelling
* Difficultly learning phonics
* Reading without expression
* Omits / repeats or adds words when reading
* Poor comprehension
* Hesitant and laboured reading
* Difficulty recognising familiar words
* Difficulty with comprehension or losing the point of the story
* Letter confusion, particularly b/d, p/g,
* Poor or messy handwriting, slow writing, crossed out spellings
* Spelling a word several different ways or producing bizarre spellings
* Has a poor standard of written work compared with oral ability
* Has difficulty with punctuation and/or grammar
* Confuses upper and lower case letters
* Has difficulty taking notes
* Has difficulty with organisation eg: homework, items required
* Finds tasks difficult to complete on time
* Appears bright and knows more than they are able to write

Additional signs that may be evident:

* Some difficulties in numeracy,
* Difficulties with telling time
* Personal organisation difficulties
* Memory difficulty eg: the day of the week, months of year
* Difficulty with concepts such as yesterday, today, tomorrow
* Forgetfulness
* Left / right, up/down confusion
* Emotional or behavioural difficulties
* Difficulty following instructions

**Please contact us for an adult checklist**

**If you would like any help, further information, a free initial consultation or a full diagnostic assessment contact us at:**

[**cogedltd@outlook.com**](mailto:cogedltd@outlook.com)

[**www.cogedltd.co.uk**](http://www.cogedltd.co.uk)

**or call 07972 624969**